

Hi

It is my joy to welcome you to SWA. I will appreciate your active participation and interesting contribution.

I would like to inform you that India being a large country having 29 states and six union territories. For our administrative conveniences we have divided India- Region into 4 Sub Regions.

(1).Eastern India (2) Western India (3) Northern India (4.) Southern India

(1) Eastern Region. (13- States)

West Bengal, Bihar, Jharkhand, Orissa, (Assam, Sikkim, Mizoram, Arunachal Pradesh, Nagaland, Tripura, Meghalaya, Manipur,) Smaller states

(2) Western Region (7- States)

Maharashtra, Gujarat Goa, Madhya Pradesh , Chhattisgarh Dadar & Nagar Haveli, Daman and Diu

(3) Northern Region. (9-States)

Delhi , Punjab , Haryana , Chandigarh, Himachal Pradesh, Jammu & Kashmir, Uttar Pradesh, Rajasthan , Uttaranchal

(4) Southern Region. (7- States)

Tamil Nadu, Pond cherry, Andaman & Nicobar Islands, Karnataka, Andhra Pradesh , Kerala , Lakshadweep Islands

You may please check if your name is under the prescribed Sub Region.

I hope you enjoy your time at our website, everything you need to know about SWA can be found within these pages. If you have a question or would like to know more information about S W A please do contact me on (+91) 33 2466 6546.

You may make your own Groups in your towns and we can then set up our own Round Table with representatives from all areas. You can also arrange Healing circles. Meditation and Yoga Programmes, Energy work, Spiritual advancement, etc. and if you let me know I can advertise these for you on this page.

I wish you may grow in all aspects of your life- physical, emotional, mental and spiritual

With Blessings

Lalit